



Client Name: \_\_\_\_\_

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## SUMMARY OF STUDENT EVALUATION

- 1) Lymphatic Iris Constitution
- 2) Neurogenic subtype by structure
- 3) overacid, Hydrogenoid + scurf subtypes by color
- 4) mild uremic diathesis
- 5) Resilient constitution

## Suggestions

1. NO Dairy - inflammation/lymphatics
- 2) Increase vegetables & raw veg juice
- 3) Avoid fried foods - use digestive enzymes
- 4) Cleanse kidneys & avoid table salt  
Uva Ursi, Hydrangea / Combo.
- 5) Problems breaking down protein
- 6) Drink a lot of water - morning lemon water
- 7) pH testing for 10 days
- 8) Low FOD diet
- 9) Yarrow + vitamin K for bleeding
- 10) Sinus remedies