

IIPA Exam Guide for Brenda Generali's Students

PREPARATION is key to taking the IIPA Comprehensive Examination ... so much so that recalling or regurgitating the answers should be second nature, even in your subconscious and unconscious asleep state. If you are going to pay \$200 to take this exam, that means you are serious, so you should take this guide very seriously. Read everything so you're familiar with the contents of this document. As such, this short guide will point to resources for exam help, *but* it should ***not be the GO-TO*** when taking the test. To be clear: Prepare 100% x 10 before attempting to take the test. **DO NOT RELY ON DOCUMENTS! RELY ON YOUR KNOWLEDGE!**

A. The ***most important tip: Create set(s) on Quizlet***. In preparation for this IIPA Exam, take all of Brenda's quizzes, especially the "Final Quizzes," and glossary to create a **private** sets on the Quizlet platform. Pay the \$2.99 a month to get the pro feature to be able to create sets. If you don't wish to continue the subscription, be sure to download your information before canceling. The mere act of copying and pasting is allowing your mind to be exposed to the material and helps with retention. Quizlet's platform is conducive to learning, so take advantage of it.

B. Create a directory of Brenda's "NOTES" documents for fast retrieval.

C. Create a checklist of resources you'll need handy, just in case.

✚ On the day of your exam, have your documents laid out before you (again, rely on your knowledge first):

1. eBooks and eNotes
2. Regular books
3. Charts with magnifying glass
4. Your notes
5. **Tell Brenda when you will take your test.** If it's after hours, she'll be there to hold your hands, if needed. This doesn't mean she'll give you the answers.
6. Get your diffuser going and use your oils for clarity, focus and calming. Vetiver is a great oil for both calming and focus.

✚ Now for the exam ...

1. Restart your computer to empty cache files.
2. Open Outlook
3. Open Adobe pdf for the notes
4. Open Adobe Digital Editions if you have eBooks on that platform
5. Get your Kindle resources loaded
6. Open browser and try not to have other unnecessary apps running using up the system's RAM (random access memory) and competing for bandwidth that may slow down your progress.
7. When you sign in, you'll be asked to change your password. That's already in the instructions. But the important thing is this: Since this is a new system, your login is on one tab and your exam will open up in another. Since you will be working on your exam for hours, it's imperative that **YOU DO THIS ONE STEP** before you submit your exam.

Return to the tab with your login information and log on again since the system automatically logs you off after it detects "supposed" inactivity.

TEST TIPS

1. **Flag** questions you're uncertain of! This is a great feature, and you will be able to go back using the navigation box feature.
2. Don't second guess what you know to be true. Occam's Razor is the principle that in explaining a thing, no more assumptions should be made than are necessary. In other words, when you know without a doubt that you KNOW something, move on, and don't waste time second-guessing.
3. This cannot be overstated: **read questions carefully.**
 - i. Consider long answers. Why did the authors put in so much effort in this long answer?
 - ii. When there is an "all of the above" answer, go and REREAD the "above" options to see if they truly ALL make sense based on the things you've learned. If you have the time, check your handy resources for verification.
 - iii. Pay attention to these words: one, two, only, except.
 - iv. Regarding the charts: what are they asking you to find? Zero in on that word or words.
 - v. Distinguish between the asked words like "signs" or "constitution". Figure out: are they asking for signs or types?
 - vi. If question refers to male or female relatives, start thinking left side or right side.
4. Remember the structure of the iridology chart to locate head, chest, stomach, extremities, organs, etc. Know your chart and know where to look for what! Review Brenda's quiz (ahead of time) as it helps us locate items on the iridology chart. You may want to retake it if you're not familiar what's where.
5. Desktop shortcut «Ctrl F or Command F» finds words in documents if using digital notes.
6. Use reductionism or the process of elimination throughout, but especially with the cases. Look at the answer choices and check to see if they are SPECIFIED in the case study.
7. Return to your flagged questions.
8. Log in before submitting.
9. Print this guide double-sided and have it handy when taking the test.
10. Finally, wishing you all the best and let me know how I can help you.

Wishing you the very best, my fellow iridologist. I'm cheering for you.

Warmly,

♥Jackie♥